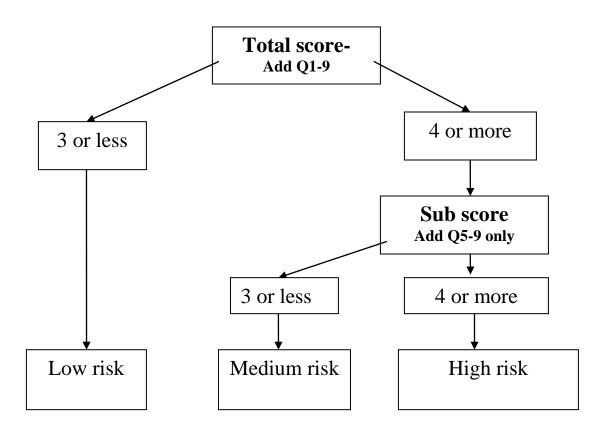
The Keele STarT Back Screening Tool

Patient name:			Date:			
Thinking about the	a last 2 weeks tid	ck your response to	the following ques	tions:	Disagree	Agree
1 My back pain has spread down my leg(s) at some time in the last 2 weeks						
2 I have had pain in the shoulder or neck at some time in the last 2 weeks						
3 I have only walked short distances because of my back pain						
4 In the last 2 weeks, I have dressed more slowly than usual because of back pain						
5 It's not really safe for a person with a condition like mine to be physically active						
6 Worrying thoughts have been going through my mind a lot of the time						
7 I feel that my back pain is terrible and it's never going to get any better						
8 In general I have not enjoyed all the things I used to enjoy						
9. Overall, how bothersome has your back pain been in the last 2 weeks ?						
Not at all	Slightly	Moderatery	very much	Extre	mery	
0	0	0	1	1	J	
	Thinking about the My back pain has so I have had pain in the I have only walked In the last 2 weeks, It's not really safe for Worrying thought I feel that my back In general I have not the Overall, how bother Not at all the Down of the I have not be a second or the I have no	My back pain has spread down my I have had pain in the shoulder or put the last 2 weeks, I have dressed It is not really safe for a person with worrying thoughts have been going I feel that my back pain is terrible. In general I have not enjoyed all the Overall, how bothersome has your Not at all Slightly Overall Slightly PATIENT NAME:	My back pain has spread down my leg(s) at some time. I have had pain in the shoulder or neck at some time in I have only walked short distances because of my back. In the last 2 weeks, I have dressed more slowly than use. It's not really safe for a person with a condition like mix. Worrying thoughts have been going through my mind. I feel that my back pain is terrible and it's never goin . In general I have not enjoyed all the things I used to end the other conditions. Overall, how bothersome has your back pain been in the last 2. Slightly Moderately.	My back pain has spread down my leg(s) at some time in the last 2 weeks I have had pain in the shoulder or neck at some time in the last 2 weeks I have only walked short distances because of my back pain In the last 2 weeks, I have dressed more slowly than usual because of bac It's not really safe for a person with a condition like mine to be physically Worrying thoughts have been going through my mind a lot of the time I feel that my back pain is terrible and it's never going to get any bette In general I have not enjoyed all the things I used to enjoy Overall, how bothersome has your back pain been in the last 2 weeks ? Not at all Slightly Moderately Very much O O O O O O O O O O O O O O O O O O O	Thinking about the last 2 weeks tick your response to the following questions: My back pain has spread down my leg(s) at some time in the last 2 weeks I have had pain in the shoulder or neck at some time in the last 2 weeks I have only walked short distances because of my back pain In the last 2 weeks, I have dressed more slowly than usual because of back pain It's not really safe for a person with a condition like mine to be physically active Worrying thoughts have been going through my mind a lot of the time I feel that my back pain is terrible and it's never going to get any better In general I have not enjoyed all the things I used to enjoy Overall, how bothersome has your back pain been in the last 2 weeks? Not at all Slightly Moderately Very much Extre	Thinking about the last 2 weeks tick your response to the following questions: Disagree

The STarT Back Tool Scoring System

Total score (add Q1- 9): _____ Sub Score (add Q5-9 only):____



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